



- Telemedicine requirements for appointment:
 1. Computer with Webcam or Smartphone with Internet Access.
 2. Registered Healow Patient Portal Account.
 3. Electronic blood pressure cuff to measure blood pressure and pulse.
 4. Electronic scale to measure weight.
 5. Thermometer to measure temperature.
 6. Measuring tape to measure waist circumference.
- Call the office to schedule a telemedicine appointment.
- Login to your patient portal account online at <https://health.healow.com/loudounmedicalgroup> Or download the Healow App on your smart phone for easy access!

healow
Access your health records through the healow mobile app

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Find us using our unique practice code on the healow app

EGIADA

- Enter vitals

12:47

LTE

< Back

Vitals

Vitals

Height

Ft
 in

Weight

Pounds

Blood Pressure

/

Temperature

Fahrenheit

Respiratory Rate

Breaths per minute

Pulse Rate

Breaths per minute

Submit Vitals >